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**October 2025 Activities Calendar**

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| Wednesday | 1 | **Walking Group** - 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 2 | **Listen & Laugh Group** 10.30am -12noon Yealmpton Parish Room £3.00. |
| Friday | 3 | **Carer’s Catch -up**2.00pm - 3:30pm Yealmpton Methodist Church Hall |
| Saturday | 4 |  |
| Sunday | 5 |  |
| Monday | 6 |  |
| Tuesday | 7 | **Gentle Exercise** 10.00am– 11.00am and 11.15am -12.15pmYealmpton Methodist Church Hall £6.00 |
| Wednesday | 8 | **Walking Group** - 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 9 | **Listen & Laugh Group** 10.30am -12noon Yealmpton Parish Room £3.00. |
| Friday | 10 | **Coffee & Chat** - 2.00pm -3.30pm Rose and Crown Yealmpton |
| Saturday | 11 |  |
| Sunday | 12 |  |
| Monday | 13 | **Venn Court-**2.00pm-4.00pm Afternoon Tea and talk by Dr Keiran Green about Community Connections (An app designed to help people living alone which aims to connect older people in South Devon to local activities and groups). At Venn Court, Brixton |
| Tuesday | 14 | **Gentle Exercise** 10.00am– 11.00am and 11.15am -12.15pmYealmpton Methodist Church Hall £6.00 |
| Wednesday | 15 | **Walking Group** - 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 16 | **Listen & Laugh Group** 10.30am -12noon Yealmpton Parish Room £3.00. |
| Friday | 17 | **Singing Along -** Community singing with the Brixton Village-Airs 2-3.30pm Yealmpton Methodist Church Hall £4.00 |
| Saturday | 18 |  |
| Sunday | 19 |  |
| Monday | 20 |  |
| Tuesday | 21 | **Gentle Exercise** 10.00am– 11.00am and 11.15am -12.15pmYealmpton Methodist Church Hall £6.00 |
| Wednesday | 22 | **Walking Group** - 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 23 | **Listen & Laugh Group** 10.30am -12noon Yealmpton Parish Room £3.00. |
| Friday | 24 |  |
| Saturday | 25 |  |
| Sunday | 26 |  |
| Monday | 27 | **The Monday Club** - 10.30am - 12.30 in the Methodist Church Hall at Yealmpton for coffee and cake. Painting (Including painting clay tiles from September session) |
| Tuesday | 28 | **Gentle Exercise** 10.– 11.00am and 11.15am -12.15pmYealmpton Methodist Church Hall £6. |
| Wednesday | 29 | **Walking Group** - 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday  | 30 | **Listen & Laugh Group** 10.30am -12noon Yealmpton Parish Room £3.00. |
| Friday | 31 |  |

Please also see our website ( <https://www.dementiayealm.org/>) and find us on Facebook (<https://www.facebook.com/dementiayealm>) or email Info@dementiayealm.org