



Dementia Friendly Parishes around the Yealm

January **2018** Contact Maxine 07450 206312

Monday	1	
Tuesday	2	Gentle Exercise 11.30 – 12.30 Venn Court Brixton £4.00
Wednesday	3	
Thursday	4	Shared Reading Group 10.30-12noon Yealmpton Parish Room
Friday	5	
Saturday	6	
Sunday	7	
Monday	8	
Tuesday	9	Gentle Exercise 11.30 – 12.30 Venn Court Brixton £4.00
Wednesday	10	Walking Group Wembury 10.30am – 12.30pm followed by tea/coffee. Meet in car park at end of Barton Close
Thursday	11	Shared Reading Group 10.30-12noon Yealmpton Parish Room
Friday	12	
Saturday	13	
Sunday	14	
Monday	15	Hobby Tree 10.30am – 12.30pm Yealmpton Community Centre
Tuesday	16	Gentle Exercise 11.30 – 12.30 Venn Court Brixton £4.00
Wednesday	17	Walking Group Wembury 10.30am – 12.30pm followed by tea/coffee. Meet in car park at end of Barton Close
Thursday	18	Shared Reading Group 10.30-12noon Yealmpton Parish Room
Friday	19	Singing Along at Brixton Community Centre 2.00pm – 4.00pm
Saturday	20	
Sunday	21	
Monday	22	
Tuesday	23	Gentle Exercise 11.30 – 12.30 Venn Court Brixton £4.00
Wednesday	24	Walking Group Wembury 10.30am – 12.30pm followed by tea/coffee. Meet in car

*We can't change the person living with dementia
but we can change the experience they have in their community.*

		park at end of Barton Close
Thursday	25	Shared Reading Group 10.30-12noon Yealmpton Parish Room
Friday	26	Tea at Kitley House Hotel 3.00pm – 4.30pm £2.50
Saturday	27	
Sunday	28	
Monday	29	
Tuesday	30	Gentle Exercise 11.30 – 12.30 Venn Court Brixton £4.00
Wednesday	31	Walking Group Wembury 10.30am – 12.30pm followed by tea/coffee. Meet in car park at end of Barton Close

*We can't change the person living with dementia
but we can change the experience they have in their community.*